

LUNCH

ARDEE NFC-APRIL LUNCH- MENU

THE ARDEE SCHOOL
BE THE CHANGE



Monday 01-Apr	Tuesday 02-Apr	Wednesday 03-Apr	Thursday 04-Apr	Friday 05-Apr
HOLIDAY	SLICED CUCUMBER	DAHI BHALLA	CUCUMBER SALAD	DAHI BHALLA
	MIX VEG	MALAI KOFTA CURRY	AMRITSARI PANEER	TAWA VEG.
	RAJMA MASALA	KADI PAKORA	KALI DAL HOME STYLE	RAJMA RASEELA
	CHICKEN LABABDAR	CHICKEN AWADHI	CHICKEN MASALA	CHICKEN AWADHI
	ROTI/ RICE	ROTI/ RICE	ROTI/ RICE	ROTI/ RICE
FRUIT CUSTARD	PHIRNI	FRUIT YOGHURT	PHIRNI	
Monday 08-Apr	Tuesday 09-Apr	Wednesday 10-Apr	Thursday 11-Apr	Friday 12-Apr
KACHUMBER SALAD	ALOO CHANA CHAT	SLICED CUCUMBER SALAD	CORN SALAD	HONEY CARROT & BEETROOT SALAD
ALOO GOBHI MATAR	PALAK PANEER	BHINDI MASALA	HANDI GOBHI	HONEY CHILLY POTATO
DAL MAKHANI	PINDI CHANA	DAL TADKA	RAJMA MASALA	STIR FRIED CHINESE VEG
LAHORI CHICKEN	CHICKEN KEEMA MATAR	CHICKEN DO PYAZA	BUTTER CHICKEN	LEMON PEPPER CHICKEN
ROTI/ RICE	ROTI/PEAS PULAO	ROTI/ RICE	ROTI/ RICE	HAKKA NOODLES/GARLIC RICE
STRAWBERRY YOGHURT	MOONG DAL HALWA	RASGULLA	FRUIT YOGHURT	MANGO PASTRY
Monday 15-Apr	Tuesday 16-Apr	Wednesday 17-Apr	Thursday 18-Apr	Friday 19-Apr
DAHI BHALLA	GREEN SALAD	GREEK SALAD	BHEL PURI	HOLIDAY
MATAR PANEER	BAIGAN KA BHARTA	WHOLE WHEAT PASTA IN ROSSE SAUCE]PANEER MAKHANI	
DAL BANJARA	MIX DAL	POTATO LYONNAISE	AMRITSARI CHHOLEY	
RARA CHICKEN	CHICKEN LABABDAR	ROASTED CHICKEN IN PEPPER SAUCE	KADHAI CHICKEN	
ROTI/ RICE	ROTI/ RICE	GARLIC RICE	ROTI/ RICE	
STRAWBERRY YOGHURT	SAFFRON PHIRNI	MANGO YOGHURT	SUJI KA HALWA	
Monday 22-Apr	Tuesday 23-Apr	Wednesday 24-Apr	Thursday 25-Apr	Friday 26-Apr
CUCUMBER SALAD	DAHI BHALLA	TOSSED SALAD	KACHUMBER SALAD	DICED SALAD
SOYA KEEMA MATAR	PANEER DO PYAZA	CHINESE STIR FRIED VEGETABLES	TAWA VEG	SHAHI PANEER
AMRITSARI RAJMA	RED MASOOR DAL TADKA	POTATO FINGERS	DAL BUKHARA	DAL PANCHRATAN
TAWA CHICKEN	MURGH MAKHANI	KUNG PAO CHICKEN	CHICKEN CURRY	BUTTER CHICKEN
ROTI/ RICE	ROTI/PEAS PULAO	HAKKA NOODLES/FRIED RICE	ROTI/ RICE	ROTI/ RICE
MANGO YOGHURT	MOONG DAL HALWA	FRUIT CUSTARD	MINI GULAB JAMUN	FRUIT YOGHURT
Monday 29-Apr	Tuesday 30-Apr			
CUCUMBER SALAD	DAHI BHALLA			
MALAI KOFTA CURRY	PANEER DO PYAZA			
KADI PAKORA	DAL MIX			
TAWA CHICKEN	MURGH MAKHANI			
ROTI/ RICE	ROTI/PEAS PULAO			
MANGO YOGHURT	CHOCOLATE PASTRY			