

ARDEE NFC AUGUST BREAKFAST- MENU

THE ARDEE SCHOOL
BE THE CHANGE



		Wednesday 01-Aug	Thursday 02-Aug	Friday 03-Aug
		EGG BHURJI	MILK	MILK
		VERMICILLI UPMA	CORNFLAKES	CORNFLAKES
		TOMATO KETCHUP/BROWN BREAD/JAM	ALOO PARATHA	IDLI
		SMOOTHIE	PLAIN CURD	SAMBAR
			NIMBU PANI	COCONUT CHUTNEY
Monday 06-Aug	Tuesday 07-Aug	Wednesday 08-Aug	Thursday 09-Aug	Friday 10-Aug
MILK	MILK	SCRAMBLED EGG	MILK	MILK
CORNFLAKES	CORNFLAKES	VEG CROQUETTES	CORNFLAKES	CORNFLAKES
POORI	PANCAKES	TOMATO KETCHUP/BROWN BREAD	VEG UTTAPAM	CHEESE SANDWICH/VEG S/W
BHAJI	MAPLE SYRUP	SEASONAL CUT FRUITS	SAMBAR	TOMATO KETCHUP
SMOOTHIE	BANANA MILK SHAKE		TOMATO CHUTNEY	SEASONAL CUT FRUITS
Monday 13-Aug	Tuesday 14-Aug	Wednesday 15-Aug	Thursday 16-Aug	Friday 17-Aug
MILK	MILK	HOLIDAY	MILK	MILK
CORNFLAKES	CORNFLAKES		CORNFLAKES	CORNFLAKES
ALOO PANEER PARATHA	IDLI		PANCAKES	PAO
PLAIN CURD	SAMBAR		HONEY	BHAJI
NIMBU PANI	COCONUT CHUTNEY		SEASONAL CUT FRUITS	SMOOTHIE
Monday 20-Aug	Tuesday 21-Aug	Wednesday 22-Aug	Thursday 23-Aug	Friday 24-Aug
MILK	MILK	EGG BHURJI	MILK	MILK
CORNFLAKES	CORNFLAKES	VEG UPMA	CORNFLAKES	CORNFLAKES
VEG UTTAPAM	VEG CUTLET	TOMATO KETCHUP/BROWN BREAD/JAM	ALOO ONION PARATHA	PANCAKES
SAMBAR	TOMATO KETCHUP/BROWN BREAD/JAM	TOMATO KETCHUP/BROWN BREAD/JAM	CURD	CHOCOLATE SAUCE
TOMATO CHUTNEY	SEASONAL CUT FRUITS	SMOOTHIE	NIMBU PANI	SEASONAL CUT FRUITS
Monday 27-Aug	Tuesday 28-Aug	Wednesday 29-Aug	Thursday 30-Aug	Friday 31-Aug
MILK	MILK	SCRAMBLED EGG	MILK	MILK
CORNFLAKES	CORNFLAKES	VEG CUTLET	CORNFLAKES	CORNFLAKES
POORI	CHEESE SANDWICH/VEG S/W	TOMATO KETCHUP/BROWN BREAD	IDLI	ALOO PARATHA
BHAJI	TOMATO KETCHUP	TOMATO KETCHUP/BROWN BREAD	SAMBAR	CURD
SEASONAL CUT FRUITS	SMOOTHIE	STRAWBERRY SHAKE	COCONUT CHUTNEY	NIMBU PANI