

Menu for the Month of October



DATE	DAY	SALAD	VEGETABLES	CARBS	NON VEGETARIAN	SIDE	DESSERTS	SNACKS & ACCOMP			
2-Oct	MONDAY	Gandhi Jayanti									
3-Oct	TUESDAY	FATTOUSH SALAD	CRUMB FRIED PANEER WITH DIPS	POTATO LAYONAISE	CHICKEN PARMIGIANA	GARLIC BREAD	STRAWBERRY PASTRY	VEG CUTLET	TOMATO KETCHUP	SEASONAL CUT FRUITS	
4-Oct	WEDNESDAY	CHANNA CHAT	MIX VEGETABLES	ARHAR KI DAL	KADHAI CHICKEN	ROTI/ RICE	GULAB JAMUN	VADA	SAMBAR	COCONUT CHUTNEY	
5-Oct	THURSDAY	Valmiki Jayanti									
6-Oct	FRIDAY	THREE BEAN SALAD	BHINDI MASALA	KADHI PAKODA	CHICKEN LABABDAR	ROTI/ RICE	FRUIT CUSTARD	ALOO ONION PARATHA	CURD	NIMBU PANI	
9-Oct	MONDAY	CORN & PEPPER SALAD	KADHAI VEG.	RAJMA MASALA	BUTTER CHICKEN	ROTI/ RICE	MAKHANA KHEER	POHA	TOMATO CHUTNEY	MASALA CHAACH	
10-Oct	TUESDAY	GREEK SALAD	PANEER WRAP	VEG CON CARNE	CHICKEN WRAP	MAXICAN RICE	PINEAPPLE PASTRY	VADA PAO	TOMATO KETCHUP	SEASONAL CUT FRUITS	
11-Oct	WEDNESDAY	BHELPURI	MALAI KOFTA CURRY	DAL JAIPURI(moong dhuli with veggies)	METHI CHICKEN	ROTI/ RICE	MOTI CHOOR LADOO	MINI VEG UTTAPAM	SAMBAR	COCONUT CHUTNEY	
12-Oct	THURSDAY	SHREDDED VEG SALAD	VEG MANCHURIAN	CHINESE STYLE POTATO VEGETABLE	SWEET & SOUR CHICKEN	HAKKA NOODLES/FRIED RICE	FRUIT CUSTARD	PANCAKES	CHOCOLATE SAUCE	SEASONAL CUT FRUITS	
13-Oct	FRIDAY	TOMATO CUCUMBER SLICE	PANEER MAKHANI	DAL TADKA (ARHAR)	LAZIZ CHICKEN	ROTI/ RICE	SEVIAN KHEER	SOOJI UPMA	SAMBAR	TOMATO CHUTNEY	
16-Oct	MONDAY	TOSSED GREEN SALAD	MALAI KOFTA	DAL RAJSHITANI (MOONG , CHANNA DAL)	TAWA CHICKEN	ROTI/ RICE	PHIRNI	POORI	BHAIJ	BUTTER MILK	
17-Oct	TUESDAY	CAESAR SALAD	BUTTER SPAGHETTI /TOMATO BASIL SAUCE	GRILLED VEG	CHICKEN MEATBALLS WITH TOMATO SAUCE	BREAD ROLLS	BLACK FOREST PASTRY	CORN CAKES	TOMATO KETCHUP	SEASONAL CUT FRUITS	
18-Oct	WEDNESDAY	Diwali Break									
19-Oct	THURSDAY	Diwali Break									
20-Oct	FRIDAY	Diwali Break									
23-Oct	MONDAY	MIX SPROUT SALAD	LAIKI KOFTA CURRY	DAL MAKHANI	CHICKEN KALI MIRCH	ROTI/ RICE	SEVIAN KHEER	VERMICILI UPMA	COCONUT CHUTNEY	SWEET LASSI	
24-Oct	TUESDAY	BROCCOLI ,BELL PEPPER , CARROT & CUCUMBER SALAD WITH VINAIGRETTE DRESSING	MACRONI WITH CREAM SAUCE	RATATOUILLE VEG	CHICKEN STROGNOFF	HERBD RICE	MANGO PASTRY	COLESLAW S/W	TOMATO KETCHUP	SEASONAL CUT FRUITS	
25-Oct	WEDNESDAY	DAHI PAKORI	MUTTER PANEER	DAL DARBARI(jal masor , arhar)	CHICKEN CURRY	ROTI/ RICE	RASGULLA	IDLI	SAMBAR	COONUT CHUTNEY	
26-Oct	THURSDAY	ASIAN SALAD	SWEET & SOUR VEGETABLE	CHINESE STIR FRIED POTATOES	CHILLY CHICKEN	HAKKA NOODLES/FRIED RICE	MANGO MOUSSE	BUTTER FRENCH TOAST	HOT/COLD MILK	SEASONAL CUT FRUITS	
27-Oct	FRIDAY	KACHUMBER (WITHOUT ONION)	VEG JHALFREZI	KALI MALKA DAL	HANDI CHICKEN	ROTI/ RICE	KESARI HALWA	ALOO PANEER PARATHA	CURD	NIMBU PANI	
30-Oct	MONDAY	DANISH CUCUMBER SALAD	MALAI KOFTA CURRY	PUNJABI CHOLE	MURG PATIYALA	ROTI/ RICE	GULAB KHEER	PAO	BHAIJ	MASALA CHAACH	
31-Oct	TUESDAY	LETTUCE TOM & CUCUMBER SALAD WITH BASIL DRESSING	PASTA NEPOLTANA	CORN & SPINACH AU GRATIN	SOUTHERN FRIED CHICKEN STRIPS WITH BBQ SAUCE	FOCACCIA BREAD	FRUIT PASTRY	POMMES CROUQUITTE	TOMATO KETCHUP	SEASONAL CUT FRUITS	